



Introducing: **Beast Mode Mondays!!**

Be part of the Lady Eagle's soccer team winning tradition! We have had several years of success, and we are excited to build the next generation of Lady Eagle soccer players! Join us this summer for "Beast Mode Mondays"!! Coach Jones and Coach Gaines will be running a Monday evening soccer clinic from 6-8 every Monday throughout the summer. We will be using Coerver and Beast Mode soccer training techniques. This training is designed to help you become a more confident soccer player by focusing on the core fundamental skills that will help you become a better player. One hour will be spent focusing on training, and then we will just have fun and play. We will also try to have one night where we eat pizza and watch the US Women's National Soccer team play on the big screen in the lunch room. Target age range is from rising 4th through 9th graders, and all players of any experience level are invited to join us. Please sign up in the office. At the end of the summer, we will be giving a Lady Eagles Beast Mode soccer shirt to all attendees. There will be a \$30 charge that will go toward the t-shirt, training materials, pizza and support of the Eagle's soccer program. Come join the fun and be part of a winning tradition! Signup sheets are in the office, or you can reach Coach Gaines at 336-346-6231 for more information. Go Eagles!!

